



INSIDE STORIES

UHEAL CHARITIES Collaborates With IHUBE General Assembly On Covid -19 Palliative And Community Outreach Education

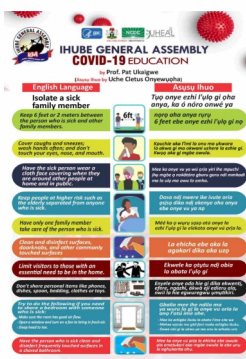


UHEAL CHARITIES COLLABORATES WITH IHUBE GENERAL ASSEMBLY ON COVID -19 PALLIATIVE AND COMMUNITY OUTREACH EDUCATION.

As humanity faced health crisis due to COVID-19 pandemic, countries, states or communities pool resources to address the needs of their citizens. The Chairman of UHEAL Charities Board of Directors, Hon. Sir Albert Onyema Ukaigwe reached out to Ihube sons and daughters at home and in Diaspora to dialogue on how to respond to the hardship caused by the lockdown... *Continue on page 1*

COVID-19 COMMUNITY EDUCATION June 15 – 24, 2020.

Combining food distribution with public health education focusing on personal hygiene, social distancing, caring of the sick and spiritual need via prayers became necessary to help people comply with the government issued stay-at-home directives. Using resources from the World Health Organization (WHO), Centers for Disease Control and Prevention Nigeria and USA (NCDC/CDC) respectively, Dr. Patricia U. Ukaigwe, a Professor of Nursing and CEO of UHEAL Charities developed educational materials which, were translated into Ihuo dialect by Uche Cletus Onyewuoha for the Ihube community education... *Continue on page 1*



UHEAL CHARITIES DONATES PPEs TO FEDERAL MEDICAL CENTER UMUAHIA.

UHEAL Charities, presented personal protective equipment (PPEs) – to the Nursing Services department as part of the fight against the COVID-19 pandemic... *Continue on page 2*



COVID- 19 PALLIATIVES for WIDOWS and ORPHANS.

By David Ebisike, Coordinator of UHEAL Community Initiatives. Today, July 9, 2020 marks the completion of the distribution of support palliatives for widows and orphans in Ogube-Ihube Autonomous Community, Okigwe LGA, which was sponsored by U-heal Charities. In UHEAL's usual drive to ensure that palliatives gets to people it is intended for, volunteers were mobilized who gathered the data of every widow and orphan in Ogube kingdom, to enable for even distribution of these palliatives... *Continue on page 2*



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This led to the creation of Ihube Covid-19 WhatsApp Forum aimed to raise funds to purchase food (rice, beans, and condiments) for the Indigent Persons and Families in IHUBE Community. Three weeks into the launch of the initiative, many people, including the young working adults, our children and future generation of Ihubians gave willingly and generously, contributing NGN 8.8 million Naira which, is approximately, \$31,000 for the initiative. Of note is the fact that many responded to the call for action because UHEAL Chairman laid out the ground rules for transparent accountability of funds. Resounding sentiments expressed include “God will continue to bless Onwa, Chief Albert Ukaigwe and his wife for their selfless efforts in improving the health of our people”... “this is a moment of great sacrifice to reach the need of humanity’...bless you and family.” The COVID-19 Committee sourced out vendors to purchase and deliver the food items to the Community. The President Generals of the Four Autonomous Communities in IHUBE helped to collect names of head of households, presented the items to Ndi Eze (Traditional Rulers) and distributed the food equitably to 2.905 households in the community, May 5-7, 2020.



Distribution of food for the Indigent Persons and Families in IHUBE Community

▶ COVID-19 COMMUNITY EDUCATION June 15 – 24, 2020

UHEAL Charities sponsored the production of the materials for the Community Engagement such as the educational flyers and virtual “train of trainer” logistics data given to all participants in the Zoom and WhatsApp youth mobilization information session as well as transportation, meals and snacks for the selected volunteers while Uche Onyewuoha donated the stipend given to the 27 volunteers at the conclusion of the project. On the 11th day of June 2020, following the directive from Chief Albert Onyema Ukaigwe, a total of twenty seven (27) volunteers were recruited to carry out the UHEAL Charities -- Ihube General Assembly Coronavirus Education across Ihube Community. These volunteers were youths from across the



Community Engagement on COVID19

four Autonomous Communities in Ihube (Insert pictures of volunteers). On the 13th of June, Prof Mrs. Patricia U. Ukaigwe conducted the initial virtual training of the volunteers on the overview of COVID-19, preventive measures and steps to follow to ensure that everybody in Ihube benefitted from the important exercise. On the 15th of June, the exercise kicked off and volunteers were grouped into four teams, representing the four Autonomous Communities in Ihube, to move around all households in Ihube, distributing the fliers and educating people about the coronavirus. According to the team leader, Davide Ebisike, “the exercise lasted for nine (9) days before we were able to touch every corner of Ihube to ensure that even aged parents and children are informed about the deadly virus”. Furthermore, “Ukaigwe family provided daily bike fares and logistics for the volunteers for

the nine days the exercise lasted and ensured that we organized Sunday meetings aimed at making sure that the volunteers refreshed themselves.” The 24th day of June 2020 marked the conclusion of the Coronavirus Education across Ihube which, started on 15th of the month. A total of 27 volunteers participated in the programme and were able to touch all the kindreds/villages in Ihube. It is important to note that “every household in Ihube now knows about Coronavirus, how to avoid contracting it, what measures to take if one has suspicious symptoms and how to care for a loved one with the virus”.

COVID- 19 PALLIATIVES for WIDOWS and ORPHANS.

We chose Ihube primary School (Canty) as distribution center. The Eze-elect of Ogube-Ihube Autonomous Community, Mr. Ucheruaka Okpara, the President General of Ogube Kingdom, Mr. Christopher Ogbokwa and Mr. Theophilus Nwabuisi, a former Youth leader, were all at the distribution center to monitor the exercise and were helpful all through. The Eze-elect gave the opening address during the presentation of these palliatives. In all, we have 351 Widows and Orphans in the UHEAL official list. 41 of this number are orphans whereas 310 are widows. The team ensured that each widow and orphan got equal share of the palliative. The beneficiaries expressed their gratitude to UHEAL Charities for their steadfast love towards Ogube people and prayed that God replenish their purse abundantly. In another development, all non-indigenes residing in Ihube who were not accommodated during the IHUBE COVID-19 PALLIATIVE SUPPORT INITIATIVE also received relief. This gesture came after Chief Albert Ukaigwe was notified about individuals that were affected by that exclusion. In response, UHEAL volunteers were sent to identify everybody affected by that exclusion and to make sure that support palliatives gets to these people at a personal cost. Eighteen (18) families were identified immediately and the UHEAL team visited their various homes and delivered their own palliatives. Each of them received the same quantity of palliatives support as the indigenes. The beneficiaries appreciated the great gesture of building bridges to accommodate every individual, irrespective of tribe or community, during this COVID-19 pandemic.



Distribution of food to the Orphans and Widows in IHUBE Community

▶ UHEAL CHARITIES DONATES PPEs TO FEDERAL MEDICAL CENTER UMUAHIA.



PPEs donation to Federal Medical Center Umuahia

UHEAL Charities, presented personal protective equipment (PPEs) – gloves, gowns, and N 95 mask to the Nursing Services department as part of the fight against the COVID-19 pandemic. Presenting the donation on behalf of UHEAL Charities are Dr Charles Ukauwa, in-Country Coordinating Physician and Mrs. Ego Okam, Assistant Director of Nursing Outreach Nurse. Mrs. Jessie N. Ekpemiro, Director of Nursing and Head of Nursing Services thanked UHEAL for the kind gesture.



About UHEAL Charities

UHEAL Charities, Inc. is a not-for-profit 501 (c) 3 non-governmental, social welfare organization devoted to uplift the lives of individuals in rural communities by providing humanitarian services in the areas of healthcare and education. UHEAL Charities fund medical mission trips, offer scholarship to the less privileged youth, support widows/orphans as well as internally displaced families and assist uninsured individuals purchase life sustaining medications.

The core of UHEAL Community Initiatives includes providing ongoing screening, education and treatment of varying health conditions to men, women and children in rural communities. Individuals identified during the medical outreach as high-risk or diagnosed with diabetes and hypertension receive medications from UHEAL Charities. In addition, these individuals follow-up with the UHEAL Outreach Workers and Physician for checkup and refill of medications. Unfortunately, the medication supply is exhausted and UHEAL is not able to replenish its stock due to the global situations. Feedback from the Youth COVID-19 education campaign indicate that although every household in the village received education, there is extreme hardship and hunger. People are not able to purchase food let alone medications they routinely receive from UHEAL for chronic conditions like high blood pressure and diabetes. UHEAL provided money to those who receive life-saving medications to purchase it locally, and plans to give a second palliative in response to these reports of extreme hardship.

Donations are the lifeline of UHEAL Charities and we appreciate all our donors. Please donate to help us continue to serve the vulnerable population.

Make a Check payable and mail to :

UHEAL Charities
256 Irvington Avenue
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Thank you for your support.

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